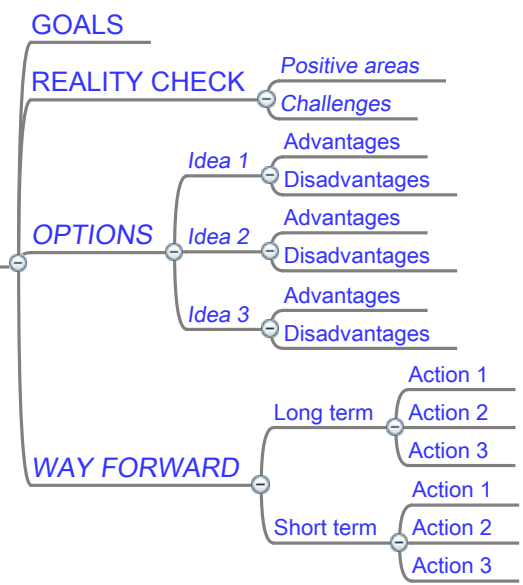


CREATE YOUR PERSONAL VISION - see notes 1

🏠 RELATIONSHIPS



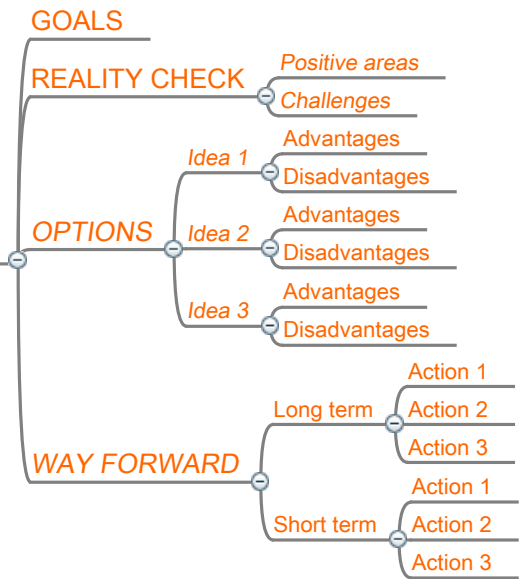
👛 EMPLOYMENT



👉 OTHER e.g. health, education, finance, volunteering



😊 RECREATION/ PERSONAL FULFILMENT



Notes

1) CREATE YOUR PERSONAL VISION - see notes

VALUES: You can arrive at your vision by asking yourself - what are your values? What is most important to you? Think of a time in your life when you felt you were really being yourself - what were the characteristics of that situation? Think of what makes you angry - and conversely ask what is therefore important to you? Try to break down large cluster values by asking what they ultimately bring you. Now name 3 core values for you e.g honesty, independence, love

- 1.
- 2.
- 3.

VISION : How do you see your ideal world? When all challenges have been met, what are you doing? How are you living? Who is with you and how do you relate to them? What work are you enjoying? What makes it fulfilling? What else are you doing that is fulfilling for you? What is bringing you joy? What else is happening around you and in your world? What are the qualities of your larger environment - at work and in the world?

Describe it here:

ELEMENTS OF THE VISION:

For each of the major areas of your life, fill in on the map the following:

GOALS: what do you want to happen in this area? Be as SMART as you can - specific, measurable, actionable, realistic and time-bound

REALITY CHECK: What is actually happening? What have I achieved? What hasn't worked? What remains to be done to get to my goals? What challenges are there? What resources are around to support my efforts?

OPTIONS: Given the reality, what are my options for moving towards my goal? What different paths and actions will lead me closer? What are the advantages and disadvantages of each of them?

WAY FORWARD: Having reviewed my options, which of them shall I follow through with? What actions do I commit to? When will I carry them out? Where? How? What accountability mechanism will I use e.g. Using a journal or weekly planner, or checking in with my partner or work colleague, or through GVI

IMPORTANT NOTES:

This is only a template map. You can easily modify this template to align it with your priorities by adding and deleting branches and sub-branches.

Update this document regularly as your vision changes and your actions provide feedback on your Options and Way Forward.

This Personal Vision Mind Map coordinates with the International System Global Vision, linking in through the international system's universal values - how does fulfillment of your values and vision personally and at work support the fulfillment of the values of the international system? See how your vision fits in!